

## MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES WIC AND NUTRITION SERVICES

# MEDICAL DOCUMENTATION - HEALTH CARE PROVIDER AUTHORIZATION FOR SPECIAL FORMULAS AND WIC SUPPLEMENTAL FOOD

Important!

Medical documentation is <u>federally</u> required to issue special formula(s) and some supplemental foods to WIC women, infants, and children who have qualifying condition(s) that require(s) the use of special formula(s) listed on the back of this form.

| <ul> <li>non-specific sym</li> </ul>                 | gram does <u>NOT</u> authorize otoms such as intolerance, funt intake or managing body w | ıssiness, gas, spitting   | g up, constipation, or colic       | ; <u>OR</u>                      |  |  |
|--|--|---|------------------------------------|----------------------------------|--|--|
| A. PARTICIPANT INFO                                  |  |   |                                    |                                  |  |  |
| PARTICIPANT'S NAME                                   |  |   |                                    | DOB                              |  |  |
| PARENT/CAREGIVER'S NAME                              |  |   |                                    |                                  |  |  |
| B. SPECIAL FORMUL                                    | A  |   |                                    |                                  |  |  |
| FORMULA REQUESTED (REFER                             | TO LIST ON BACK OF FORM)   |   |                                    |                                  |  |  |
| REQUIRED CALORIE/FLUID OUN                           | ICE CONCENTRATION  |   | DAILY AMOUNT REQUESTED             |                                  | EQUESTED APPROVAL LENGTH                                   |  |
| ☐ Mix according to labe                              | el instructions  |   | Max Allowed*                       | ENDS LAST DAY OF MONTH)          |  |  |
| □ 22 cal/fl oz □ 24 d                                | cal/fl oz Other:   |   | _   ounces/day   1 Month   4 N     |                                  |  |  |
| Mixing instructions:                                 |  |   | cans/day *per federal regulation   | ☐ 2 Months ☐ 5 Months ☐ 6 Months |  |  |
| Medical Reason/DX:                                   | Low Birth Weight (RF 14 (<24 months)   | Metabolic Describe th   | Disorders (RF 351)<br>ne disorder: |                                  | ne System Disorders (RF 360) ibe the disorder:             |  |
| (Qualifying Condition) RF = Missouri WIC Risk Factor | Prematurity (RF 142) (<24 months)  | 2) Severe Food Allergies (RF 353)  Describe the allergy:                                  |                                    |                                  | Gastrointestinal Disorders (RF 342) Describe the disorder: |  |
|  | Other (Disorder/disease  | e/medical condition that could adversely affect the participant's nutrition status.)      |                                    |                                  |  |  |
| l —  | A IN READY-TO-USE (RTU) FORM, COM<br>Darticipant's condition better.                     |   |                                    |                                  | ne prescribed WIC formula.                                 |  |
| ISSUING WHOLE MILE                                   | <  |   |                                    |                                  |  |  |
| _  | women and children 24 mont<br>k for personal preference is N                             | -   | quires medical documenta           | ition and iss                    | suance of special formula.                                 |  |
| DOES THIS PARTICIPANT NEED  Yes No                   | WHOLE MILK?  |   |                                    |                                  |  |  |
| C. WIC SUPPLEMENT                                    | AL FOOD  |   |                                    |                                  |  |  |
| Full provision of age/                               | categorical appropriate WI   | C food will be provide  | ded unless otherwise inc           | dicated belo                     | ow:  |  |
|  |  |   |                                    |                                  |  |  |
|  | Ifants (6-11 months) HS) CONSUME WIC INFANT FOODS?                                       | WIC Food For Children (1-4 years) and Women  1. DOES THE CHILD OR WOMAN NEED INFANT FOOD? |                                    |                                  |  |  |
| ☐ Yes ☐ No   | ,  | □ No □ Yes, Infa  | ant Cereal 🔲 Yes, Infan            | t Fruits/Veg                     | etables  |  |
| 2. IF NOT, DOES THIS INFANT NE                       | EED ADDITIONAL CANS OF FORMULA?  |   | DDS TO BE OMITTED FOR CHILD/WC     |                                  |  |  |
| ☐ Yes ☐ No   |  | Omit all WIC foo  | ods (or individual foods as        | checked be                       | elow):   |  |
|  |  | ☐ Cow's Milk  | ☐ Soy Milk ☐ Juid                  | ce $\square$                     | Yogurt   |  |
|  |  | ☐ Peanut Butter ☐ Beans ☐ Cereals ☐ Fruits and Vegetables                                 |                                    |                                  |  |  |
|  |  | ☐ Eggs  | ☐ Cheese ☐ Wh                      | ole Grains (                     | (bread, tortillas, rice, or pasta)                         |  |
| D. HEALTH CARE PRO                                   | OVIDER INFORMATION (C  | OMPLETED BY PR  | ESCRIPTIVE AUTHORIT                | Y LICENSE                        | D BY THE STATE.)   |  |
| NAME (PRINT)   | ·  |   | HONE                               |                                  | DATE   |  |
| SIGNATURE (SIGNATURE STAM                            | ,  |   |                                    | 00                               | □NP □CNS □CNM  |  |
| E. WIC USE ONLY (                                    | MUST COMPLETE SECTION  |   |                                    |                                  |  |  |
| Approved Disapproved If disa                         |  |   |                                    |                                  |  |  |
| NAME (PRINT)   | SIGNA  | TURE  | ☐ RD ☐ Nutritionist ☐              | □ CPA DATE                       |  |  |
| AGENCY NAME  | 1  |   |                                    | AGE                              | NCY NUMBER   |  |

### MISSOURI WIC APPROVED FORMULAS AND MEDICAL FOOD LISTING - EFFECTIVE OCTOBER 1, 2018

| CONTRACT INFANT FORMULAS   |   |        |  |  |  |
|--|---|--------|--|--|--|
| Infant formulas below will be given unless a health care provider diagnoses a medical condition that warrants a special formula. |   |        |  |  |  |
| Enfamil Infant (Powder, Conc., and RTU)  | Enfamil ProSobee (Powder, Conc., and RT | ΓU)    | Enfamil A.R. (Powder and RTU)          |  |  |
| Enfamil Gentlease (Powder)   | Enfamil Reguline (Powder)               | [Note] | RTU= Ready To Use; CONC. = Concentrate |  |  |
|  |   |        |  |  |  |

#### SPECIAL FORMULAS

Complete a Medical Documentation form (WIC-27) when prescribing the formulas below or when formula mixing instructions are different from those on the product label. (Max. approval length: 6 months)

| INFANTS                                 |  |  |  |
|---|--|--|--|
| 3232A (Powder)                          | PurAmino (Powder)                                    |  |  |
| Calcilo XD (Powder)                     | RCF - Ross Carbohydrate Free (Conc.)                 |  |  |
| EleCare for Infants DHA/ARA (Powder)    | Similac Alimentum (Powder and RTU)                   |  |  |
| EnfaCare (RTU)                          | Similac NeoSure (Powder and RTU)                     |  |  |
| EnfaCare NeuroPro (Powder)              | Similac PM 60/40 (Powder)                            |  |  |
| Enfamil Human Milk Fortifier (Powder)   | Formulas in Nursettes (2 fl. oz. container)          |  |  |
| Enfaport (RTU)                          | Enfamil Premature (20 cal., 24 cal., and 30 cal.)    |  |  |
| Neocate Infant Formula DHA/ARA (Powder) | Enfamil Premature High Protein (24 cal.)             |  |  |
| Nutramigen (Conc. and RTU)              | Pregestimil (20 cal. and 24 cal.)                    |  |  |
| Nutramigen with Enflora LGG (Powder)    | Similac Special Care (20 cal., 24 cal., and 30 cal.) |  |  |
| Pregestimil (Powder)                    |  |  |  |
| CHILDREN                                |  |  |  |

| CHILDREN                                       |   |
|--|---|
| 3232A (Powder)                                 | PediaSure (RTU)                                     |
| Boost Kid Essentials (RTU)                     | PediaSure with Fiber (RTU)                          |
| Boost Kid Essentials 1.5 cal. (RTU)            | PediaSure 1.5 cal. (RTU)                            |
| Boost Kid Essentials with Fiber 1.5 cal. (RTU) | PediaSure 1.5 cal. with Fiber (RTU)                 |
| Bright Beginnings Soy Pediatric Drink (RTU)    | PediaSure Enteral Formula 1.0 cal. (RTU)            |
| Compleat Pediatric (RTU)                       | PediaSure Enteral Formula 1.0 cal. with Fiber (RTU) |
| Compleat Pediatric Reduced Calorie (RTU)       | PediaSure Peptide (1.0 cal. and 1.5 cal.) (RTU)     |
| EleCare Jr. (Powder)                           | PediaSure SideKicks (RTU)                           |
| Glucerna Shake (RTU)                           | Pepdite Jr. (RTU)                                   |
| Isosource 1.5 cal. with Fiber (RTU)            | Peptamen Jr. 1.5 cal. (RTU)                         |
| Ketocal 3:1 and 4:1 (Powder)                   | Peptamen Jr. with Fiber (RTU)                       |
| Monogen (Powder)                               | Peptamen Jr. with Prebio (RTU)                      |
| Neocate Jr. with Prebiotics (Powder)           | Portagen (Powder)                                   |
| Neocate Splash (RTU)                           | Super Soluble Duocal (Powder)                       |
| Nutren Jr. (RTU)                               | Suplena with Carb Steady (RTU)                      |
| Nutren Jr. with Fiber (RTU)                    |   |

Nutren Jr. with Fiber (RTU)

| WOMEN                |                                     |                               |                         |
|----------------------|-------------------------------------|-------------------------------|-------------------------|
| Boost (RTU)          | Isosource 1.5 cal. with Fiber (RTU) | Super Soluble Duocal (Powder) | Vivonex T.E.N. (Powder) |
| Ensure (RTU)         | Monogen (Powder)                    | Suplena (RTU)                 |                         |
| Glucerna Shake (RTU) | Portagen (Powder)                   | Tolerex (Powder)              |                         |

#### **METABOLIC FORMULAS**

- Formulas listed below are in powder form. (Max. approval length: 2 months)
- $\bullet \ For information \ about \ medical \ eligibility \ for the \ DHSS \ Metabolic \ Formula \ program: \ http://health.mo.gov/living/families/genetics/metabolicformula/living/genetics/metabolicformula/living/genetics/genetics/metabolicformula/living/genetics/genetics/metabolicform$

| BCAD 1 | I-Valex-1 | MSUD ANAMIX Early Years | PKU Periflex Early Years | Phenyl-Free 1 | XPhe Maxamum |
|--------|-----------|-------------------------|--------------------------|---------------|--------------|
| GA     | Ketonex 1 | MSUD Maxamum            | PFD Toddler              | TYROS 1       |              |
| HCY 1  | Ketonex 2 | OA 1                    | Phenex-1                 | WND 1         |              |
| HCY 2  | LMD       | OA 2                    | Phenex-2                 | WND 2         |              |